

# Manav Rachna International Institute of Research and Studies, India

Jointly with

## 8 International Knowledge Partners

is organizing

## 6th National and International Conference on Health and Sports Sciences



17th – 18th February 2023

### Sports, Health, Wellness & Sustainable Development

Renowned Decision makers, stakeholders of the sports, health  
& innovation sectors will be delivering keynote address.

#### Sub-Themes

- Sports Education
- Sports Psychology and Mental health
- Sports and Technology
- Sports and Physiotherapy
- Sports Performance and Nutrition
- Sustainable Development
- Health and Well-being
- Sports, Culture and Well-being



#### Knowledge Partners



**Outcome of the Conference - Springer Nature Edited Volume**

In today's web of interconnected world, quality of life has improved, and communication has become very fast. While we celebrate our past, we also witness modifications and adaptations and the infusion of new elements in our relationships. The contemporary dynamics of the region and the fast-changing global society bring new ideas and pose different challenges. Asian countries should work proactively to highlight the positivity and good things that are happening in their countries and engage more constructively to address pressing transnational problems. The fusion of cultural past could be enriched further through robust cooperation among the countries. Besides, The COVID-19 pandemic has had devastating impacts on countries and geographies across the world. Not only the economy, but COVID-19 has also alerted our lifestyle, health, human relationships and approaches, and has brought in a new normal. Countries are undergoing paradigm shifts in doing business. No country can fight the pandemic single-handedly, and a coordinated and cooperative response is the way to go. Overall, the new normal calls for a shift in the understanding and nuances of how to strengthen cooperation and collaboration by leveraging each other's, as well as situational, opportunities to lead to higher prosperity and stability for Asian countries.

For instance, the WHO Sports and Health Programme was established to capitalize on the great potential of helping people worldwide lead healthy lives through promoting participation in sports and working with the sports community to advance health for all to ensure achieving universal health coverage, addressing health emergencies and promoting healthier populations. Amidst the Covid 19 pandemic, within a world which is mired and grappling with the challenges of blended learning using a hybrid mode, such a conference will bring diverse stakeholders from various parts of the world come together to share ideas for social innovation for the new normal challenges.

## Thematic Areas for the Conference

### Sports Education

- Physical Education and Fitness, Health and Wellbeing
- Innovative pedagogies of Sports Education

### Sports Psychology and Mental Health

- Sports Psychology , Recreation ,Health and Nutrition in Psycho-Social Well Being
- Sports Medicines and Health Sciences

### Sports and Technology

- Sports ,Technology and Education
- Sports Community and Health education

### Sports and Physiotherapy

- Body and Fitness
- Body Toning and body physiology in sports

### Sports Performance and Nutrition

- Regional Initiatives on Clean Sports , Sports Education and Sustainability
- Inter-University sports culture for healthy living

### Sports Culture and Wellbeing

- Regional Initiatives on Sports and cultural cooperation
- Sports and Yoga

### Health and Well Being

- Health Promotion and Rehabilitation
- Disease Prevention
- Health Informatics
- Well Being

### Sustainable Development

- Sustainable Health Development
- Social Innovation in Health
- Sustainable Development Goals (SDGs)

### Sports Science and Medicine

- Sports Medicine
- Sports Physiology
- Sports Biomechanics
- Sports Nutrition
- Sports Biochemistry and Genetics

# Distinguished Speakers (International)



**Dr. Wallapa Choeibuakaew**  
Thaksin University, Thailand



**Prof. Madya Dr. Gunathevan Elumalai**  
UPSI, Malaysia



**Prof. Dr. Wawan Sundawan Suherman**  
Yogyakarta State University, Indonesia



**Associate Prof. Dr. Thawach Chitrakan**  
PSU Wit, Thailand



**Dr. Ida Samidah**  
Dehasen University, Indonesia



**Dr. Kanit Hnuploy**  
Suratthani Rajabhat University, Thailand



**Prof Dr. Marlene Naicker**  
Professor, King's College, London



**Dr. Mahenderan Appukutty**  
Faculty of Sports Science &  
Recreation Universiti Teknologi  
MARU (UiTM) Malaysia



**Professor (Honorary)**  
**Oleksandr Krasilshchikov**  
PhD School of Health Sciences,  
Universiti Sains Malaysia



**Dr. Imam Waluyo**  
Founder Cahaya Padma Kumara  
Foundation, Jakarta, Indonesia

# Distinguished Speakers (National)



**Padma Bhushan Pullela Gopichand**  
Indian badminton player  
Dronacharya Award for  
Badminton 2009



**Padmashri Bhaichung Bhutia**  
Indian Footballer and Coach



**Piyush Jain**  
Secretary at Physical education  
Foundation of India



**Prof. Chinappa Reddy**  
Chief Patron, NAPESS



**Shri Pankaj Singh**  
BJP, MLA Noida

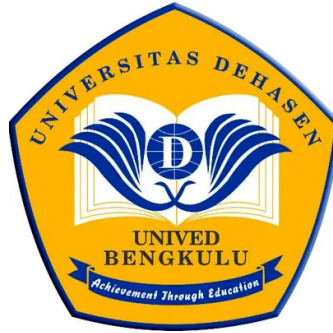


**Smt Sushma Singh Rana**  
International Shooter



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[www.pefindia.org](http://www.pefindia.org)





## IMPORTANT DATES

Particulars	Month
Springer Nature Edited Book Abstract	25 November
Abstract Submission	5 December
Full Paper Submission	15 January
Conference Dates	17th -18th February 2023
Submission of Revised Papers by Authors	March 2023
Publication of Conference Proceedings in Springer Nature Edited Volume	April 2023



## REGISTRATION DETAILS

### For National Participants

Faculty, Research Scholars and Students: INR 2000

### For International Participants

Faculty: \$150

Research Scholars and Students: \$100

**For MREI Faculty, Research Scholars and Students: INR 1000**

(Payment can be made at the time of Full Paper Submission)

